



## WINTER EXTRA MURAL PROGRAMME 2025

SPORT	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Badminton	14:30-16:00			14:30-16:00	
Hockey	<b>MAIN ASTRO</b> 15:00-16:00 16B / 14B (girls)	<b>MAIN ASTRO</b> 14h00:16:00 SPS	<b>MAIN ASTRO</b> 14h00:16:00 SPS	<b>MAIN ASTRO</b> 15:00-16:15 16A/16B (boys)	<b>MATCHES</b>
	16:00-17h00 16A / 14A (girls)	16:00-17h00 14A/2 <sup>nd</sup> (boys)	16:00-17h00 14A/ 2 <sup>nd</sup> (girls)	16:15-17h15 14A/ 14B (boys)	
	17h:00-18:30 1 <sup>st</sup> /2 <sup>nd</sup> (girls)	17:00-18:30 1 <sup>st</sup> /16A (boys)	17:00-18:30 1 <sup>st</sup> /16A (girls)	17:15-18:45 1 <sup>st</sup> /2 <sup>nd</sup> (boys)	
	<b>MINI ASTRO</b> SPS	<b>MINI ASTRO</b> SPS	<b>MINI ASTRO</b> 14:15-15:15 3 <sup>rd</sup> (girls)	<b>MINI ASTRO</b> SPS	
	15:00-16:00 3 <sup>RD</sup> /14C(girls)	15:00-16:00 14B/16C(Boys)	15:15-16:15 16C/D(girls)	15:00-16;00 16C(boys)	
	16h00-17h00 16C/16D(girls)	16:00-17:00 16B(boys)	16:15:17:15 14B/14C(girls)	16h00-17h00 16B(girls))	
	(Court 1) 14:15-15:45 14A/B 16:00-17:00 1 <sup>st</sup> /2 <sup>nd</sup>	(Court1) 14:30-16:00 1 <sup>st</sup> /2 <sup>nd</sup>	(Court 1) 14:15-15:45 14A/B 16:00-17:00 1 <sup>st</sup> /2 <sup>nd</sup>	(Court1) 14:30-16:00 1 <sup>st</sup> /2 <sup>nd</sup>	
	(Court 2) 14:30-16:00 15A/B 16:00-17:00 1 <sup>st</sup> /2 <sup>nd</sup>	(Court 2) 14:30-16:00 1 <sup>st</sup> /2 <sup>nd</sup>	(Court 2) 14:30-16:00 15A/B 16:00-17:00 1 <sup>st</sup> /2 <sup>nd</sup>	(Court 2) 14:30-16:00 1 <sup>st</sup> /2 <sup>nd</sup>	
(Court 3) 14:30-15:30 14C/D	(Court 3) 14:30-15:30 3 <sup>rd</sup> /4 <sup>th</sup>	(Court 3) 14:30-15:30 14C/D	(Court 3) 14:30-15:30 3 <sup>rd</sup> /4 <sup>th</sup>		
(Court 4) 14:30-15:30 15C/D	(Court 4) 14:30-16:00 16A/B	(Court 4) 14:30-15:30 15C/D	(Court 4) 14:30-16:00 16A/B		
(Court 5) 14:30-15:30 Jnr Social	(Court 5) 14:30-15:30 Snr Social	(Court 5) 14:30-15:30 Jnr Social	(Court 5) 14:30-15:30 Snr Social		
Cross Country		14:15-15:30 All (running)		14:15-15:30 All (running)	
Squash	15:00-16:00 League	15:00-16:00 Non-League	15:00-16:00 Non-League	15:00-16:00 League	

ACTIVITY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Tennis</b>	<b>14:15-15:15</b> League	<b>14:15-15:15</b> Non-League	<b>14:15-15:15</b> League	<b>14:15-15:15</b> Non-League	
<b>Rugby</b>	(A-Field) <b>14:30-15:45</b> 14A/B	(A-Field) <b>15:30-17:00</b> Opens	(A-Field) <b>15:30-17:00</b> Open	(A-Field) <b>14:15-15:15</b> 14A/B <b>15:30-17:00</b> Open	
	(B-Field) <b>14:30-15:45</b> 15A/B <b>15:45-17:00</b> 16A/B	(B-Field) <b>14:30-16:00</b> 14A/B <b>16:00-17:00</b> 16A/B	(B-Field) <b>14:30-16:00</b> 15A/B	(B-Field) <b>14:15-15:15</b> 15A/B <b>15:30-17:00</b> 16A/B	
<b>Golf</b>	<b>14:30-18:00</b> Matches			<b>14:30-15:30</b> Practice	
<b>Extra Mural</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Band</b>	<b>19:00-20:30</b> Big Band	<b>19:00</b> Jazz Band <b>19:00-20:30</b> Big Band	<b>14:10-14:45</b> Brass Ensemble	<b>14:10-14:45</b> Saxophone Ensemble	<b>14:10-15:30</b> Wind Band
<b>Choir</b>		<b>15:00-17:00</b> Chamber Choir		<b>15:00-16:00</b> Concert Choir	
<b>Chess</b>		<b>14:15-15:00</b>		<b>14:15-15:00</b>	
<b>Drama</b>	<b>14:15-15:30</b>		<b>14:15-15:30</b>		
<b>Debating</b>	<b>14:15-15:15</b>	<b>14:15-15:15</b>	<b>14:15-15:15</b> Competition- Jnr	<b>14:15-15:15</b> Competition- Snr	
<b>Public Speaking</b>		<b>14:05-15:00</b>	<b>14:05-15:00</b>		
<b>Eco-Club</b>			<b>14:15-15:15</b>	<b>14:15-15:15</b>	