



WINTER EXTRA MURAL PROGRAMME 2024

SPORT	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Badminton	14:30-16:00			14:30-16:00	
Hockey	MAIN ASTRO 15:00-16:00 14A / 14B (girls)	MAIN ASTRO 14h00:16:00 SPS	MAIN ASTRO 14h00:16:00 SPS	MAIN ASTRO 15:00-16:15 16A/16B (boys)	MATCHES
	16:00-17h00 16A / 16B (girls)	16:00-17h00 14A/2 nd (boys)	16:00-17h00 14A/ 2 nd (girls)	16:15-17h15 14A/ 14B (boys)	
	17h:00-18:30 1 st /2 nd (girls)	17:00-18:30 1 st /16A (boys)	17:00-18:30 1 st /16A (girls)	17:15-18:45 1 st /2 nd (boys)	
	MINI ASTRO SPS	MINI ASTRO SPS	MINI ASTRO 14:15-15:15 3 rd (girls)	MINI ASTRO SPS	
	15:00-16:00 3 RD (girls)	15:00-16:00 14B(Boys)	15:15-16:15 16C/D(girls)	15:00-16;00 16C(boys)	
	16h00-17h00 16C(girls)	16:00-17:00 16B(boys)	16:15:17:15 14B(girls)	16h00-17h00 16B(girls))	
	GRASS 14h30-15h30 14C/16D (girls)	GRASS 14:30-15:30 16C(boys)	GRASS 14h30-15h30 14C(girls)	GRASS	
	14:30-16:00 (court 1) 1 st /2 nd	14:30-16:00 (court 1) 1 st /2 nd 16:00-17:30 (Court1) 16A/B	14:30-16:00 (court 1) 3 rd /4 th	14:30-16:00 (court 1) 1 st /2 nd 16:00-17:30 (Court1) 16A/B	
	14:30-15:30 (Court 2) 3 rd /4 th	14:30-16:00 (court 2) 15A/B	14:15-15:15 (Court 3) 16C/D	14:30-16:00 (court 2) 15A/B	
	14:30-15:30 (Court 3) 16C/D	14:30-15:30 (court 3) 14C/D	14:30-16:00 (court 4) 15C/D	14:30-16:00 (court 3) 14A/B	
14:30-15:30 (Court 4) 15C/D	14:30-16:00 (court 4) 14A/B		14:30-15:30 (court 4) 14C/D		
Cross Country		14:15-15:30 All (running)		14:15-15:30 All (running)	
Squash	15:00-16:00 Social	15:00-16:00 Social	15:00-16:00 Team	15:00-16:00 Team	

ACTIVITY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Tennis	14:15-15:30 League	14:15-15:15 Non-League	14:15-15:30 League	14:15-15:15 Non-League	
Rugby	(A-Field) 14:30-15:45 14A/B 15:45-17:00 Open	(A-Field) 14:30-16:00 Opens	(A-Field) 14:30-16:00 15A/B	(A-Field) 14:15-15:15 u16A/B 15:30-16:30 Open	
	(B-Field) 14:30-15:45 15A/B 15:45-17:00 16A/B	(B-Field) 14:30-16:00 16A/B	(B-Field) 14:30-16:00 14A/B	(B-Field) 14:15-15:15 14A/B 15:30-16:30 15A/B	
Golf	14:30-18:00 Matches			14:30-15:30 Practice	
Extra Mural	Monday	Tuesday	Wednesday	Thursday	Friday
Band	16:30-18:00 Intermediate Band 19:00 Big Band	19:00 Jazz Band			14:30 Big Band 14:30-15:30 Junior Band
Choir		15:00-17:00 Chamber Choir		14:00-17:00 Choir	
Chess		14:15-15:00		14:15-15:00	
Drama	14:15-15:30		14:15-15:30		
Debating	14:15-15:15	14:15-15:15	14:15-15:15 Competition- Jnr	14:15-15:15 Competition- Snr	
Public Speaking	14:05-15:00			14:05-15:00	
Eco-Club			14:15-15:15	14:15-15:15	